

Run Events SUMMER PLOD 3rd July 2016

21Mile Runners					
Place	Time	Name	Team	Category	EntrantNo
1	2:22:50	DOWNS, Fabian	Chiltern Chirch Runners	Senior Male	63
2	2:43:54	STEPHENSON, Patrick	Denmead Striders	Senior Male	27
3	2:55:24	MANNING, Julian	Denmead Striders	Senior Male	1
4	2:59:30	CHEYNEY, Matthew	Denmead Striders	Senior Male	71
5	3:11:48	ARMSTRONG, Gary	Denmead Striders	Senior Male	78
6	3:38:04	GALLIMORE, Arron	Lordshill RR	Senior Male	6
7	3:38:33	LOWIS, Kevin		Senior Male	61
8	3:39:15	BLANCHARD, Peter	Datchet Dashers	Senior Male	81
9	3:43:28	PAYZE, Jo	City of Portsmouth	Senior Female	50
10	3:43:53	BOSWELL, Jason	chichester runners & AC	Senior Male	48
11	3:44:36	PHIPPS, Neil	Ironman team	Senior Male	21
12	3:44:36	STONE, Gary	Ironman team	Senior Male	20
13	3:44:36	GARVEY, Craig	Ironman team	Senior Male	22
14	3:47:46	LEWINGTON, James	Stubbington Green Runners	Senior Male	52
15	3:50:45	MAY, Phillipa	Fleet & Crookham	Senior Female	41
16	3:53:38	BAMFORD, Emma		Senior Female	65
17	3:55:03	WATTS, Laura		Senior Female	74
18	4:01:50	MOUNTAIN, Jade		Senior Female	5
19	4:05:38	KOBLINTZ, Damian	Wiggle	Senior Male	64
20	4:05:59	DOBBS, Mark	Poole Runners	Senior Male	49
21	4:08:32	CLIFFORD, Tom	White Sharks	Senior Male	34
22	4:08:32	JORDAN, Diana		Senior Female	54
23	4:09:32	SWAINSTON, Julie	Hardley Runners	Senior Female	51
24	4:09:49	CASE, Graham	Chineham Park RC	Senior Male	55
25	4:17:08	EL-BACHA, Sabine	Windle Valley Runners	Senior Female	70
26	4:18:19	SHONE, Marie	Basingstoke & Mid Hants	Senior Female	73
27	4:18:19	GOODWIN, Steve	Winchester & District A.C.	Senior Male	72
28	4:20:19	WATTS, Sarah	BRJ Run and TRI	Senior Female	29
29	4:22:51	YEO, Nikki	Fareham Crusaders	Senior Female	40
30	4:22:51	SPICER, Dean	Portsmouth Joggers	Senior Male	45
31	4:25:38	ROLLE, Phillipa	Lytchett Manor Striders	Senior Female	67
32	4:31:27	DOUGLAS, Graham	Worthing & District Harriers	Senior Male	28
33	4:41:53	HENRY, Elisabeth		Senior Female	69
34	4:42:55	CULLUM, Laura	Liss Runners	Senior Female	43
35	4:42:55	GRAHAM, Deek	Liss Runners	Senior Male	42
36	4:48:51	QUIGLEY, Martin		Senior Male	25
37	4:48:51	HILL, Roger	Ironman team	Senior Male	23
38	4:48:51	HARDIE, Sandra		Senior Female	24
39	4:55:51	COE, Nick	Netley Abbey Runners	Senior Male	68
40	4:55:51	COE, Alexandra	Netley Abbey Runners	Senior Female	56
41	4:55:51	WIGGINTON, Stuart	Netley Abbey Runners	Senior Male	60

42	4:55:51	QUIGLEY, Katherine	chichester runners & AC	Senior Female	400
43	5:00:57	FOWLER, Liz	Windle Valley	Senior Female	76
44	5:04:39	TODD, Helen		Senior Female	47
45	5:30:07	WHITE, Nicola	Gosport Road Runners	Senior Female	14
46	5:30:07	ELSHAW, Lizzie	Gosport Road Runners	Senior Female	33
47	5:30:07	VEAL, Becky	Gosport Road Runners	Senior Female	39
48	5:30:07	ELSHAW, Angela	Gosport Road Runners	Senior Female	53
49	5:49:15	HOLLINS, Michelle	Lingfield RC	Senior Female	59
50	5:49:40	MORGAN, Loriane	Portsmouth Joggers	Senior Female	4
51	5:49:40	NOCKERMANN, Jane	Portsmouth Joggers	Senior Female	80
52	5:50:41	HOLLANDS, Michelle	3 Amigas	Senior Female	57
53	5:51:38	KELLY, Eliska	Lingfield RC	Senior Female	58
54	5:51:38	KOLTER, Annabel	SAINTS AND SINNERS	Senior Female	77
55	5:57:03	POLLARD, Phil		Senior Male	46
56	5:59:20	CROCKER, Marilyn	Victory A.C.	Senior Female	8
57	6:00:14	TALLACK, Claire	Gosport Road Runners	Senior Female	9
58	6:00:14	WOODHAMS, Laura	Gosport Road Runners	Senior Female	12
59	6:00:14	COCKAYNE, Jane	Gosport Road Runners	Senior Female	10
60	6:00:20	WILSON, Victoria		Senior Male	15
61	6:00:23	COLEBOURNE, Nicola	Gosport Road Runners	Senior Female	11
62	6:00:29	WARD, Michaela	Gosport Road Runners	Senior Female	2
63	6:46:59	WINN, Debbie	Portsmouth Joggers	Senior Female	18
64	6:46:59	STEWART, Lorraine	Portsmouth Joggers	Senior Female	35
65	6:46:59	SMITH, Alison	Portsmouth Joggers	Senior Female	19
21Mile Runners by team					
Team	Place	Time	Name	Cat	
3 Amigas team.					
	1	5:50:41	HOLLANDS, Michelle	Senior Female	
Basingstoke & Mid Hants team.					
	1	4:18:19	SHONE, Marie	Senior Female	
BRJ Run and TRI team.					
	1	4:20:19	WATTS, Sarah	Senior Female	
chichester runners & AC team.					
	1	3:43:53	BOSWELL, Jason	Senior Male	
	2	4:55:51	QUIGLEY, Katherine	Senior Female	
Chiltern Chirch Runners team.					
	1	2:22:50	DOWNS, Fabian	Senior Male	
Chineham Park RC team.					
	1	4:09:49	CASE, Graham	Senior Male	
City of Portsmouth team.					
	1	3:43:28	PAYZE, Jo	Senior Female	
Datchet Dashers team.					
	1	3:39:15	BLANCHARD, Peter	Senior Male	

Denmead Striders team.				
	1	2:43:54	STEPHENSON, Patrick	Senior Male
	2	2:55:24	MANNING, Julian	Senior Male
	3	2:59:30	CHEYNEY, Matthew	Senior Male
	4	3:11:48	ARMSTRONG, Gary	Senior Male
Fareham Crusaders team.				
	1	4:22:51	YEO, Nikki	Senior Female
Fleet & Crookham team.				
	1	3:50:45	MAY, Phillipa	Senior Female
Gosport Road Runners team.				
	1	5:30:07	WHITE, Nicola	Senior Female
	2	5:30:07	ELSHAW, Lizzie	Senior Female
	3	5:30:07	VEAL, Becky	Senior Female
	4	5:30:07	ELSHAW, Angela	Senior Female
	5	6:00:14	TALLACK, Claire	Senior Female
	6	6:00:14	WOODHAMS, Laura	Senior Female
	7	6:00:14	COCKAYNE, Jane	Senior Female
	8	6:00:23	COLEBOURNE, Nicola	Senior Female
	9	6:00:29	WARD, Michaela	Senior Female
Hardley Runners team.				
	1	4:09:32	SWAINSTON, Julie	Senior Female
Ironman team team.				
	1	3:44:36	PHIPPS, Neil	Senior Male
	2	3:44:36	STONE, Gary	Senior Male
	3	3:44:36	GARVEY, Craig	Senior Male
	4	4:48:51	HILL, Roger	Senior Male
Lingfield RC team.				
	1	5:49:15	HOLLINS, Michelle	Senior Female
	2	5:51:38	KELLY, Eliska	Senior Female
Liss Runners team.				
	1	4:42:55	CULLUM, Laura	Senior Female
	2	4:42:55	GRAHAM, Deek	Senior Male
Lordshill RR team.				
	1	3:38:04	GALLIMORE, Arron	Senior Male
Lytchett Manor Striders team.				
	1	4:25:38	ROLLE, Phillipa	Senior Female
Netley Abbey Runners team.				
	1	4:55:51	COE, Nick	Senior Male
	2	4:55:51	COE, Alexandra	Senior Female
	3	4:55:51	WIGGINTON, Stuart	Senior Male
Poole Runners team.				
	1	4:05:59	DOBBS, Mark	Senior Male
Portsmouth Joggers team.				
	1	4:22:51	SPICER, Dean	Senior Male

	2	5:49:40	MORGAN, Loriane	Senior Female	
	3	5:49:40	NOCKERMANN, Jane	Senior Female	
	4	5:57:03	POLLARD, Phil	Senior Male	
	5	6:46:59	WINN, Debbie	Senior Female	
	6	6:46:59	STEWART, Lorraine	Senior Female	
	7	6:46:59	SMITH, Alison	Senior Female	
SAINTS AND SINNERS team.					
	1	5:51:38	KOLTER, Annabel	Senior Female	
Stubbington Green Runners team.					
	1	3:47:46	LEWINGTON, James	Senior Male	
Victory A.C. team.					
	1	5:59:20	CROCKER, Marilyn	Senior Female	
White Sharks team.					
	1	4:08:32	CLIFFORD, Tom	Senior Male	
Wiggle team.					
	1	4:05:38	KOBLINTZ, Damian	Senior Male	
Winchester & District A.C. team.					
	1	4:18:19	GOODWIN, Steve	Senior Male	
Windle Valley team.					
	1	5:00:57	FOWLER, Liz	Senior Female	
Windle Valley Runners team.					
	1	4:17:08	EL-BACHA, Sabine	Senior Female	
Worthing & District Harriers team.					
	1	4:31:27	DOUGLAS, Graham	Senior Male	
Unattached Finishers.					
	1	3:38:33	LOWIS, Kevin	Senior Male	
	2	3:53:38	BAMFORD, Emma	Senior Female	
	3	3:55:03	WATTS, Laura	Senior Female	
	4	4:01:50	MOUNTAIN, Jade	Senior Female	
	5	4:08:32	JORDAN, Diana	Senior Female	
	6	4:41:53	HENRY, Elisabeth	Senior Female	
	7	4:48:51	QUIGLEY, Martin	Senior Male	
	8	4:48:51	HARDIE, Sandra	Senior Female	
	9	5:04:39	TODD, Helen	Senior Female	
	10	6:00:20	WILSON, Victoria	Senior Male	
6.5 Mile Runners					
Place	Time	Name	Team	Category	
1	0:49:26	SAUNDERS, Paul	Denmead Striders	Senior Male	
2	0:56:55	JOHNSTON, Scott		Senior Male	
3	0:57:03	GRIFFIN, Louise		Senior Female	
4	0:58:25	KINGTON, Alexander	Sutton Runners	Senior Male	
5	0:59:14	SHAWYER, Daniel	Denmead Striders	Senior Male	
6	1:00:48	ROUNDS, Kelly		Senior Female	

7	1:02:16	SMITH, Samantha		Senior Female	
8	1:02:25	BARROW, Vanessa		Senior Female	
9	1:02:34	JOHNSTON, Tillie	Denmead Striders	Senior Female	
10	1:02:48	CRABBE, Alison		Senior Female	
11	1:04:23	ANDERSON, Vicki		Senior Female	
12	1:04:30	BOSWELL, Kate		Senior Female	
13	1:05:31	WHITEHEAD, Stella		Senior Female	
14	1:06:00	COOPER, Linda	Hedge End RC	Senior Female	
15	1:07:14	WHITEHEAD, Sophie		Senior Female	
16	1:07:42	GILLAM, Clark		Senior Male	
17	1:08:24	LEE, Harrison		Junior Male	
18	1:09:58	MOSS, Sarah	Datchet Dashers	Senior Female	
19	1:10:26	LEE, Patrick		Senior Male	
20	1:10:32	LUDLAM, Dave	Portsmouth Triathletes	Senior Male	
21	1:10:40	PECKOVER, Lisa-marie	Denmead Striders	Senior Female	
22	1:11:00	CLARKE, Ros	Gosport Road Runners	Senior Female	
23	1:11:17	PUTTOCK, Tracy	Hedge End RC	Senior Female	
24	1:11:48	CULLUM, Sue	Liss Runners	Senior Female	
25	1:12:05	DEWITT, Kevin	Fareham Crusaders	Senior Male	
26	1:13:33	HUDSON, Lucy	Gosport Road Runners	Senior Female	
27	1:13:54	NEWMAN, Eleanor		Senior Female	
28	1:14:14	BLAKE, Lara		Senior Female	
29	1:14:15	TUFFNELL, Sandra		Senior Female	
30	1:15:34	GRAHAM, Julia		Senior Female	
31	1:16:46	CLARK, Karen	Portsmouth Joggers	Senior Female	
32		TURNER, Rob	Thames Hare & Hounds	Senior Male	
33	1:20:01	WADDELL, Sarah		Senior Female	
34	1:20:01	PEACH, Julie		Senior Female	
35	1:24:59	HALL, Matt	Portsmouth Joggers	Senior Male	
36	1:38:39	DAWSON-BROW, Kate		Senior Female	
37	1:48:12	BRAY, Val		Senior Female	
38	1:51:26	SIMMONS, Louise		Senior Female	
39	1:51:26	LEE, Naomi		Senior Female	
40	2:02:50	CHITTENDEN, Peter	Tone Zone Runners	Senior Male	
6.5 Mile Runners by team					
Team	Place	Time	Name	Cat	
Datchet Dashers team.					
	1	1:09:58	MOSS, Sarah	Senior Female	
Denmead Striders team.					
	1	0:49:26	SAUNDERS, Paul	Senior Male	
	2	0:59:14	SHAWYER, Daniel	Senior Male	
	3	1:02:34	JOHNSTON, Tillie	Senior Female	
	4	1:10:40	PECKOVER, Lisa-marie	Senior Female	

Fareham Crusaders team.				
	1	1:12:05	DEWITT, Kevin	Senior Male
Gosport Road Runners team.				
	1	1:11:00	CLARKE, Ros	Senior Female
	2	1:13:33	HUDSON, Lucy	Senior Female
Hedge End RC team.				
	1	1:06:00	COOPER, Linda	Senior Female
	2	1:11:17	PUTTOCK, Tracy	Senior Female
Liss Runners team.				
	1	1:11:48	CULLUM, Sue	Senior Female
Portsmouth Joggers team.				
	1	1:16:46	CLARK, Karen	Senior Female
	2	1:24:59	HALL, Matt	Senior Male
Portsmouth Triathletes team.				
	1	1:10:32	LUDLAM, Dave	Senior Male
Sutton Runners team.				
	1	0:58:25	KINGTON, Alexander	Senior Male
Thames Hare & Hounds team.				
	1		TURNER, Rob	Senior Male
Tone Zone Runners team.				
	1	2:02:50	CHITTENDEN, Peter	Senior Male
Unattached Finishers.				
	1	0:56:55	JOHNSTON, Scott	Senior Male
	2	0:57:03	GRIFFIN, Louise	Senior Female
	3	1:00:48	ROUNDS, Kelly	Senior Female
	4	1:02:16	SMITH, Samantha	Senior Female
	5	1:02:25	BARROW, Vanessa	Senior Female
	6	1:02:48	CRABBE, Alison	Senior Female
	7	1:04:23	ANDERSON, Vicki	Senior Female
	8	1:04:30	BOSWELL, Kate	Senior Female
	9	1:05:31	WHITEHEAD, Stella	Senior Female
	10	1:07:14	WHITEHEAD, Sophie	Senior Female
	11	1:07:42	GILLAM, Clark	Senior Male
	12	1:08:24	LEE, Harrison	Junior Male
	13	1:10:26	LEE, Patrick	Senior Male
	14	1:13:54	NEWMAN, Eleanor	Senior Female
	15	1:14:14	BLAKE, Lara	Senior Female
	16	1:14:15	TUFFNELL, Sandra	Senior Female
	17	1:15:34	GRAHAM, Julia	Senior Female
	18	1:20:01	WADDELL, Sarah	Senior Female
	19	1:20:01	PEACH, Julie	Senior Female
	20	1:38:39	DAWSON-BROW, Kate	Senior Female
	21	1:48:12	BRAY, Val	Senior Female
	22	1:51:26	SIMMONS, Louise	Senior Female

	23	1:51:26	LEE, Naomi	Senior Female	
21Mile Walkers					
Place	Time	Name	Team	Category	
1	5:09:49	DENHAM, Karen	Hardley Runners	Senior Female	
2	5:24:39	BAKER, Gavin	LDWA	Senior Male	
3	5:24:42	YOUNG, Simon		Senior Male	
4	6:04:39	WELSTEAD, Janice		Senior Female	
5	6:04:39	BURNS, Laura		Senior Female	
6	6:07:54	NEWMAN, Don	100 Marathon Club	Senior Male	
7	6:21:17	WIGGETT, Mark		Senior Male	
8	6:21:17	MCMEEHAN, Elly		Senior Female	
9	6:38:09	GOOCH, Roena		Senior Female	
10	7:21:38	ALLAN, Emma	LDWA	Senior Female	
11	7:21:38	CURTIS, Geraldine	LDWA	Senior Female	
12	7:25:41	JACKSON, Warren		Senior Male	
13	7:25:47	CRAWFORD, Ian	LDWA	Senior Male	
14	7:33:15	ANDERSON, Kay		Senior Female	
15	7:33:15	ANDERSON, Luke		Senior Male	
6.5 Mile Walkers					
Place	Time	Name	Team	Category	
1	2:09:24	PINK, Bev		Senior Female	
2	2:18:57	MACK, Daniel		Senior Male	
3	2:18:57	SADLER-MOZNABI, Denise	Tone Zone Runners	Senior Female	
4	2:49:49	MAYNARD, Andrea	Portsmouth Joggers	Senior Female	
5	2:49:49	POLLARD, Irene	Portsmouth Joggers	Senior Female	
6	2:49:49	PANTER, Nicola	Portsmouth Joggers	Senior Female	